

# How to find us at Exeter Library

Follow these steps to find the therapy rooms.



Go to the library entrance.



Go inside the library.



Look for the sign that says "Youth Arts & Health Trust Floor 3".

Turn left before the archway.



Go to the lift.



Press the UP button.



Get into the lift.  
Press the 3 Button.  
Go to level 3.



Get out of the lift.  
Look for the Youth Arts and Health Trust  
sign.



Walk down the hallway.



Look for the Youth Arts and Health Trust sign.



Press the doorbell.



Wait for the door to open.



Walk through the door.



Find the Youth Arts and Health Trust door.



Go into the room.

This is where your therapy session will take place.